

Community Care of North Carolina

June 24, 2011

FACULTY BIO

Allen Dobson, MD, President, Cabarrus Family Medicine

L. Allen Dobson Jr., M.D., a native of North Carolina, received his undergraduate education at North Carolina State University. He attended medical school at Bowman Gray School of Medicine and completed his residency in family medicine at East Carolina University where he served as chief resident. After finishing his medical training, Dr. Dobson founded Mt. Pleasant Family Physicians in 1983, known today as Cabarrus Family Medicine, P.A. with seven family medicine clinics, as well as a Psychological and Behavioral Medicine Clinic, and a Sports Medicine & Injury Center. He serves as President and CEO. Dr. Dobson founded and developed Cabarrus Family Medicine Residency Program in 1995 in conjunction with NorthEast Medical Center. He assumed and remained the role of Director until he assumed the role of Director of Graduate Medical Education in 2001. Dr. Dobson practices at Cabarrus Family Medicine in Mt. Pleasant, North Carolina.

On July 1, 2005, Dr. Dobson became North Carolina's new Assistant Secretary for Health Policy and Medical Assistance with the North Carolina Department of Health & Human Services. Among his many achievements, Dr. Dobson has been a devoted community supporter, helping Cabarrus County obtain \$1,567,613 in grant funding to support healthcare accessibility for underinsured and uninsured individuals who do not qualify for Medicaid. Other grants supported faculty development for residency education, established a one-month educational experience for first and second year medical students at NorthEast Medical Center through the Cannon Foundation Grant Project, established decentralized and longitudinal educational training at four family practice centers in behavioral, nutritional, and community medicine through the Title VII Federal Training Grant, and established a coordinated sports medicine curriculum with Cabarrus County schools and Cabarrus Family Medicine Residency Program through the Cannon Foundation Grant.

Dr. Dobson was named the 1992 North Carolina Family Physician of the Year. In 1993, he was the recipient of The Order of the Long Leaf Pine, a North Carolina community service award presented by Governor James Martin. The same year, he was a finalist for AAFP Physician of the Year. Dr. Dobson participates in many state and national activities. His past duties include president of the North Carolina Academy of Family Physicians, member of the NC Institute of Health, Senior Consultant for Health Policy for the NC DHHS, chair of the North Carolina Joint Committee on Medicaid, president and chair of the Board of the North Carolina Physicians Advisory Group, Chairman of the Board of Directors Cabarrus Community Care Plan, and Secretary/Treasurer of the Association of Family Practice Residency Directors. Dr. Dobson received the North Carolina Academy of Family Physicians Distinguished Service Award in 1993, 1997, 2000, 2002 and 2003. He received the Sports Medicine Person of Year Award from the North Carolina Athletic Trainers Association in 1999. In December 2004, Dr. Dobson was presented the North Carolina Academy of Family Physicians, Inc. Lifetime Achievement Award for his life-long commitment to the specialty of Family Medicine. Dr. Dobson currently presides as one of the delegates to the American Academy of Family Physicians Congress of Delegates and is a board member of the North Carolina Institute of Medicine. Dr. Dobson has many national healthcare and Medicaid Reform speaking engagements, most notably the Congressional Forum in Washington, D.C., the Iowa Joint Human Services Legislators Subcommittee and Iowa Governor Tom Vilsack, and the Georgia Legislative breakfast for Healthy Mother's and Healthy Babies Coalition hosted by Georgia's First Lady Mary Perdue and Lt. Governor Mark Taylor.

Dr. Dobson and his wife, Martha, are the proud parents of three children, Robert, Elizabeth and Sara. He enjoys spending time at the lake with family and friends and has a special interest in music.